

## ***Lunch Menu Ingredients***

### **Cheese Steak:** Beef, American Cheese

***American Cheese:*** Milk, cheese cultures, salt enzymes, annatto vegetable color, water, cream, sodium citrate, color added, salt, sorbic acid added as preservative, soy lecithin, (non sticking agent).

***Roll:*** Unbleached enriched wheat flour(flower, malted barley flour, niacin, reduced iron. Thiamine mononitrate (Vitamin B1) folic acid (A “B” vitamin) Riboflavin (vitamin B2) Contains 2% or less of each salt, soybean oil, yeast, high fructose corn syrup, dough conditioners (sodium sterol lactylate, ammonium sulfate, calcium sulfate, bromate.) Calcium propionate (A preservative). Corn flour.

### **Hamburger:**

Beef, water, soy concentrate, bread crumbs, (unbleached wheat flour, barley malt, salt yeast, vegetable shortening) soybean and/or protein, salt, beef flavor, natural beef flavor, autolyzed yeast, thiamine, hydrochloride, dextrose, butter flavor cream & butter extract, maltodextrin. onion and garlic powder.

***Roll:*** Enriched wheat flour(flower, malted barley flour, niacin, reduced iron. Thiamin mononitrate Vitamin B1, folic acid, Riboflavin, vitamin B2, water, high fructose corn syrup yeast, soybean oil, salt, wheat, gluten, calcium propionate, preservative, mono and diglycerides, monocalcium phosphate, sodium sterol lactylate, grain vinegar, calcium sulfate, soy lecithin.

### **Cheese Burger:**

Beef, water, soy concentrate, bread crumbs, (unbleached wheat flour, barley malt, salt yeast, vegetable shortening) Soybean and/or protein, salt, beef flavor, natural beef flavor, autolyzed yeast, thiamine, hydrochloride, dextrose, butter flavor cream & butter extract, maltodextrin. onion and garlic powder.

***American Cheese:*** Milk, cheese cultures, salt enzymes, annatto vegetable color, water, cream, sodium citrate, color added, salt ascorbic acid added as preservative, soy lecithin, (non sticking agent.)

***Roll:*** Enriched wheat flour(flower, malted barley flour, niacin, reduced iron. Thiamin mononitrate Vitamin B1, folic acid, Riboflavin, vitamin B2, water, high fructose corn syrup yeast, soybean oil, salt, wheat, gluten, calcium propionate, preservative, mono and diglycerides, monocalcium phosphate, sodium stearoyl lactylate, grain vinegar, calcium sulfate, soy lecithin.

### **Hot Dog:**

Beef, water, salt, flavorings hydrolyzed soy protein, sodium phosphate, paprika, spices, sodium erythorbate, sodium nitrite.

***Roll:*** Enriched Flour ( Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Monoglycerides, Calcium Sulfate, Calcium Propionate ( A Preservative), Sodium Stearoyl lactylate, Guar Gum, Datem, Enzymes, Ascorbic Acid ( Dough Conditioner), Azodicarbonamide. Contains: Wheat and Soy

**Macaroni and Cheese:**

Skim milk, macaroni, cheddar cheese, cultured milk, salt, enzymes, annatto color, soybean oil, bleached wheat flour and salt, regular milk.

**Grilled Cheese:**

**American Cheese:** Milk, cheese cultures, salt enzymes, annatto vegetable color, water, cream, sodium citrate, color added, salt sorbic acid added as preservative, soy lecithin, (non sticking agent.)

**Bread:** Enriched wheat flour(flower, malted barley flour, niacin, reduced iron. Thiamin mononitrate Vitamin B1, folic acid, Riboflavin, vitamin B2, water, high fructose corn syrup yeast, soybean oil, salt, wheat, gluten, calcium propionate, preservative, mono and diglycerides, monocalcium phosphate, sodium stearoyl lactylate, grain vinegar, calcium sulfate, soy lecithin.

**Mozzarella Sticks**

Low moisture, part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), soybean oil, yellow corn flour, water, modified corn starch, contains 2% or less of each of the following: soy lecithin, methyl cellulose, salt, sugar, onion powder, dried yeast, garlic powder, spices, caramel color paprika extract, dried parsley, wheat starch, dextrose, leavening (sodium acid pyrophosphate, sodium bicarbonate), dried whey, guar gum, maltodextrin, artificial flavor. **Contains: Milk, Wheat, Soy.**

**Baked Ziti**

Mozzarella cheese, ricotta cheese, hamburger, onion powder, salt and pepper. Tomato Puree (Water, Tomato Paste), dextrose, soybean oil, salt, modified potato starch, dehydrated onion, dehydrated garlic, citric acid, herbs and spices. Pasta –Semolina wheat, durum, flour, niacin, iron, thiamine, ferrous sulfate. mononitrate ,riboflavin, folic acid contains wheat ingredient. This product is manufactured on equipment processes products containing eggs.

**Chicken Alfredo**

Chicken, butter, milk, salt and pepper.

**Pasta:** Semolina wheat, durum, flour, niacin, iron, thiamine, ferrous sulfate. mononitrate, riboflavin, folic acid contains wheat ingredient. This product is manufactured on equipment processes products containing eggs.

**Alfredo:** Skim milk, water cream, cream cheese (cream nonfat dry milk, salt enzymes) Parmesan cheese (cultured milk salt, enzymes), Romano, cheese, (cultured milk, salt, enzymes) butter cream salt, food starch modified contains less than 2 % of maltodextrin natural flavors, salt, sodium phosphate, sodium citrate, cellulose gum, cellulose gel, vegetable mono and diglycerides, spice contains milk.

**Sausage Patty**

Pork, Water, Textured Soy Flour, Salt and Spices.

**Mashed Potatoes**

Potato, maltodextrin, shortening powder, hydrogenated, soybean oil, lactose, sodium caseinate, dipotassium phosphate, hydrogenated vegetable oil, cotton seed soybean, mono and diglycerides, artificial flour and color, sodium bisulfite, milk

## Gravy

Food starch, wheat flour, beef fat, citric acid, salt, maltodextrin, hydrolyzed plant protein, sugar, caramel color, onion powder, yeast extract, silicon dioxide, salt pepper, hydrogenated soybean and cottonseed oil, dextrose, thiamine, hydrochloride, disodium inosinate, disodium guanylate.

## Ham and Swiss Flatbread

Bread: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate [B1], Riboflavin [B2], Folic Acid), Water, Soybean Oil, Less than 2% of: Yeast, Sugar, Salt, Non-Fat Dry Milk, Guar Gum, Baking Powder (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Dough Conditioners (Calcium Sulfate, Vegetable Mono-and Diglycerides, L-Cysteine, Calcium Peroxide), Yeast Nutrients (Monocalcium Phosphate, Ammonium Sulfate, Ascorbic Acid, Azodicarbonamide), Potassium Sorbate (Preservative), Calcium Propionate (Preservative). Ham: Cured with Water, Salt, Potassium Lactate, Dextrose, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate and Sodium Nitrite. Swiss Cheese: Pasteurized Milk, Cheese Culture, Salt, Enzymes (Aged 60 days or more).

## Meatball Sandwich:

Beef, water, breadcrumbs, (enriched flour [containing; wheat flour, niacin, reduced iron thiamine mononitrate, riboflavin and folic acid], corn syrup, sugar, vegetable shortening [one or more of the following: hydrogenated soy bean oil and /or hydrogenated cottonseed oil], salt, yeast, whey, soy flour, dough conditioner [sodium-stearoyl, 2 lactylate}, calcium propionate), textured soy protein concentrate (soy protein concentrate, caramel color), egg whites soy protein concentrate, onion, salt corn syrup, sodium tripolyphosphate, flavorings, Romano cheese (sheep's milk, rennet, salt), oregano, parsley. Spaghetti Sauce: Tomato Puree (water, tomato paste, citric acid), sugar, soybean oil, salt, dried onions, extra virgin olive oil, imported pecorino romano cheese (pasteurized sheep's mild rennet, salt) spices, garlic powder.

## Hoagies

**Turkey:** Turkey Breast, Water, Nonfat Dry Milk, Less Than 2% of Salt. Sugar, Sodium Phosphate, Potassium Chloride.

**Ham:** Pork, Salt Cured with water, Dextrose, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.

**Italian:** Cooked Salami, Pork, Beef, Pork Hearts, Mechanically Separated Chicken, Water, 2% or less of Salt, dextrose, Natural Flavoring, Paprika, Potassium, Lactate, Sugar, Sodium Phosphates, Sodium, Diacetate Sodium, erythorbate, sodium nitrite. **Provolone Cheese:** Pasteurized Milk, Cheese Cultures, Salt, Enzymes, **Contains Milk.**

## Chicken Breast Tyson Tender

Up to 12% of a Solution of Water, Sodium Phosphates and Salt, **Breaded with:** Bleached Wheat flour, salt yellow corn flour, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Sodium alginate natural flavors. **Battered with:** Water Bleached wheat Flour, Salt Yellow Corn Flour, Dextrose, Garlic powder, Spices, Spice extractive. **Pre-dusted with:** Wheat flour, Wheat Gluten, and Salt. **Breading set in Vegetable oil. Contains Wheat.**

## Pizza

Dough—Oil, yeast, water, salt and sugar

Tomato Sauce—Tomatoes, garlic, water, salt and sugar.

Mozzarella Cheese

**Pretzels:**

Blends of enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, potassium bromated, thiamin mononitrate, riboflavin, folic acid), water, dough conditioner (dried whey, corn flour, monocalcium phosphate, soybean oil, wheat flour, l-cysteine, potassium bromated), yeast.

**Tortilla:** Yellow corn (enriched with thiamine, riboflavin, niacin, iron and folic acid), vegetable oil (contains one or more of the following: Canola oil, corn oil, sunflower oil), salt. No preservatives added, Allergen information: produced in a facility that handles peanut butter. The brand is Snyder's.

**Low Fat Nacho Cheese Sauce:** Cheese whey, modified food starch(corn), partially hydrogenated soybean and or cottonseed oil, salt tomato paste, jalapeno peppers, maltodextrins, cheeses, cheddar cheese and blue cheese, monosodium glutamate, sodium phosphate, natural flavors, autolyzed yeast extract, onions, sodium stearoyl-2 lactylate, color added (including yellow 5 and yellow 6), lactic acid, citric acid. The brand is Lucky Leaf Trans Fat Free /Low Fat.

**Pancakes**

Enriched wheat flour ( flour niacin, reduced iron, thiamin, mononitrate riboflavin, folic acid) water, whole eggs, sugar soybean oil, whey, contains 2% or less of high fructose corn syrup, leavening ( sodium aluminum phosphate, sodium bicarbonate) salt, modified corn starch artificial flavor, soy flour, contains wheat, milk ,soy and eggs.

**French Toast Sticks**

Bread (Enriched bleached flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid)) water, high fructose corn syrup, yeast, salt, soybean oil, wheat gluten, calcium propionate (preservative), mono-diglycerides, ethoxylated mono-diglycerides, calcium sulfate, monocalcium phosphate, turmeric (color), ammonium sulfate, calcium peroxide, soy lecithin), batter (water, whole eggs, reduced fat milk, high fructose corn syrup, vegetable shortening (partially hydrogenated soybean oil with soy lecithin, tbhq and citric acid, natural and artificial flavor, artificial color)). **Contains soy, eggs, milk, wheat.**

**Taco**

Hamburger, Cheese, Lettuce

Taco shell: bleached wheat flour, barley flour, niacin, iron, thiamine, mononitrate riboflavin, folic acid, water, soybean oil, diglycerides, salt, baking powder, dough conditioner, ascorbic acid. Taco seasoning: dextrose corn, masa salt, dehydrated onions, garlic, cocoa powder, soy protein, citric acid, autolyzed yeast, extract, disodium guanylate, maltodextrin, soy.

Taco sauce: tomato puree, water, green peppers, onions, salt garlic powder, dehydrated cilantro, onion powder, vinegar ,corn syrup, food starch, sodium benzoate, potassium sorbate.

**Rice:**

Long grain parboiled rice, iron phosphate, niacin, thiaminemininitrate, folic acid.

**Grilled Chicken:**

**Teriyaki Sauce:** Ginger, soy sauce, water,corn starch, honey.

**Wraps:** Bleached enriched wheat flour(flour malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, hydrogenated vegetable oil, contains one or more of the following : cotton seed oil, soybean oil. Mono-and Diglycerides, contains 2% or less of the following: salt, baking powder/sodium acid pyrophosphate, sodium

bicarbonate, corn starch, mono calcium phosphate, fumanic acid, sodium bicarbonate dough conditionery wheat flour, calcium sulfate, sorbic acid, preservative, sodium propionate and potassium sorbate. Contains: Wheat

**Honey Mustard:** Vegetable oil (soy and or canola), high fructose corn syrup, distilled vinegar, Dijon mustard, water mustard seed, distilled vinegar, salt, white wine, citric acid, tartaric acid spices, water, honey egg yolks, sugar contains less than 2% of salt, spices mustard bran, natural flavor, xanthan gum, paprika, calcium disodium to protect flavor, Yellow #5

**Buffalo Sauce:** Aged red cayenne peppers, distilled vinegar, salt and xanthan gum.

**Sweet and Sour:** Water, high fructose corn syrup, pineapple tidbits (pineapple, pineapple juice, citric acid) dice tomatoes (tomatoes, tomato juice, citric acid, calcium chloride) vinegar, modified cornstarch, hydrolyzed soy protein, 2% of brown sugar syrup, soybean oil, tomato paste, salt, corn syrup solids, dehydrated lemon juice concentrate, onion powder, beet powder color garlic powder. Contains Soy Ingredients.

### **Chicken Soup**

Chicken broth, carrots, cooked white chicken meat, celery, noodles (durum flour [enriched with niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid], egg solids, egg white solids), contains 2% or less of reconstituted nonfat milk, modified food starch, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), chicken base (salt, cooked chicken meat, chicken broth, sugar, chicken fat, hydrolyzed corn protein with partially hydrogenated soybean and/or cottonseed oil, whey, onion powder, disodium inosinate and disodium guanylate, turmeric), salt, partially hydrogenated soybean oil, chicken flavor (chicken, yeast extract, salt, flavorings), butter (cream, salt), chicken fat, yeast extract, corn syrup solids, sauteed vegetables (carrots, celery, onion), emulsifier (mono and diglycerides), sodium caseinate (a milk derivative), onion powder, sugar, maltodextrin, spices, granulated garlic, corn oil, cornstarch, annatto (color), dipotassium phosphate, soy lecithin, natural flavor, fish gelatin, Yellow 5, canthaxanthin.

**Noodles:** Semolina, Durum Flour, Niacin, Iron, Ferrous Sulfate, Thiamine, Mononitrate Riboflavin, Folic Acid, Wheat Manufactured on Equipment That Processes product Containing Eggs.

**Sauce:** Skim Milk, Water, Cream, Cream Cheese, Cream Nonfat Dry Milk, Salt Enzymes, Parmesan Cheese, Cultured Milk, Romano Cheese, Butter, Food Starch, Less than 2 % Maltodextrin, Natural Flavors, Sodium Phosphate, Sodium Citrate, Cellulose Gum, Cellulose Gel, Vegetable Mono, Diglycerides, Spices, Milk

### **Jello:**

Sugar, gelatin, Adipic acid (for Tartness) contains less than 2% of artificial flavor, disodium phosphate and sodium citrate (control acidity) fumaric acid (for tartness) blue 1.

### **Vanilla Pudding:**

Skim Milk, water sugar, modified food starch, partially hydrogenated, soybean oil, salt, sodium stearoyl lactylate, artificial flavor, sodium phosphate, color added (including FD&C yellow 5 and FD&C yellow 6).

### **Chocolate Pudding:**

Skim Milk, water, sugar, modified food starch, partially hydrogenated soybean oil, cocoa (processed with alkali), dextrose, salt, sodium stearoyl lactylate, natural and artificial vanilla flavor, FD&C yellow 5 and FD&C yellow 6.

**Soft Philly Pretzels:**

Bleached enriched flour (wheat flour, malted barley flour. Niacin, iron, potassium bromate, thiamin, mononitrate, riboflavin, folic acid), water, dough conditioner (dried whey, corn flour, monocalcium, phosphate, soybean oil, wheat flour, l-cysteine, potassium bromate) yeast. **Allergens:** Please be aware that our pretzels contain wheat and whey (a dairy by-product) Both are known allergens. We also bake our pretzels on equipment that could come in contact with seeds (poppy and sesame).

**Ice Cream:****Vanilla Sky-Hi Cone:**

**Ice Cream Ingredients:** Milk, cream, skim milk, sugar, corn syrup, whey, natural and artificial flavor, less than 3/10 of 1% stabilizer and emulsifier (contains guar and carob bean gums, Mono-diglycerides, polysorbate 80, carrageenan.)

**Cone Ingredients:** enriched flour, bleached (contains Niacin, reduced iron, thiamine mononitrate and riboflavin), Brown sugar, Partially hydrogenated vegetable shortening (may contain one or more of the following oils: Soybean, cottonseed or coconut), salt honey artificial color, lecithin (an emulsifier) and artificial vanilla flavoring.

**Chocolate Ski-Hi Cone:**

**Ice Cream ingredients:** Milk, cream, skim milk, sugar, corn syrup, whey cocoa, (processed with alkali), less than 3.10 of 1% stabilizer and emulsifier (contains guar and carob bean gums, mono diglycerides, polysorbate 80 carrageenan), artificial vanilla.

**Cone Ingredients:** enriched flour, bleached (contains niacin, reduced iron, thiamine mononitrate and riboflavin) brown sugar, partially hydrogenated vegetable shortening (may contain one or more of the following oils: soybean, cottonseed, or coconut) salt, honey artificial color, lecithin (an emulsifier) and artificial vanilla flavoring.

**Van/Choc 3oz small cups (Dixie cups):** Milk, cream, skim milk, sugar, corn sweetener, whey, cocoa (processed with alkali) stabilizer (guar gum, mono diglycerides, locust bean gum, polysorbate 80, carrageenan, artificial flavor.

**Cookie & Cream Bar:**

**(Ice Cream)** Milk, cream, nonfat milk, sugar, corn sweetener, whey, less than 3/10 of 1% stabilizer and emulsifier (guar and carob bean gums, mono diglycerides, polysorbate 80, and carrageenan), vanilla

**(Cookie Pieces)** Sugar, enriched flour (contains niacin, reduced iron, thiamine mononitrate and riboflavin) vegetable shortening (contains one or more of the seed oil hydrogenated palm oil, corn sugar, cocoa, (processed with alkali), corn syrup, corn sugar, cocoa (processed ammonium bicarbonate) corn flour salt, caramel color, whey, lecithin, natural/artificial flavor.

**(Coating)** Soybean oil, coconut oil, sugar, cocoa, whey, lecithin, salt vanilla.

**(Cookie Crunch)** Enriched flour (contains niacin, reduced iron, thiamine mononitrate, riboflavin) sugar, vegetable shortening (contains one or more of the following: partially hydrogenated soybean oil, palm oil, hydrogenated palm oil) caramel color, cocoa, corn syrup, salt, leaving sodium bicarbonate, artificial flavor, lecithin

**Choco Dip Bar:**

**(Ice Cream)** Milk, cream, nonfat milk, sugar, corn sweetener, whey, less than 3/10 of 1% stabilizer and emulsifier (guar and carob bean gums, mono-diglycerides, polysorbate 80 and carrageenan vanilla.

**(Coating)** Coconut oil, sugar, cocoa, whey, lecithin, salt, vanilla.

**Chocolate Éclair Bar:**

**(Ice Cream)** Milk, cream, nonfat milk, sugar, corn sweetener, whey, less than 3/10 of 1% stabilizer and emulsifier (guar and carob bean gums, mono-diglycerides, polysorbate 0 and carrageenan), vanillin.

**(Fudge Center)** Water, sugar, corn sweetener, milk, cocoa, whey stabilizer and emulsifier (guar and carob bean gums, mono-diglycerides, polysorbate 80 carrageenan).

**(Coating)** Soybean oil, coconut oil, sugar, cocoa, whey lecithin, salt and vanilla.

**(Cookie Crunch)** Bleached wheat, flour, sugar, vegetable shortening (partially hydrogenated soybean and cottonseed oils), caramel color, salt, cocoa, corn syrup, baking soda, artificial flavor, soy lecithin.

**Ice Cream Sandwich:**

**Wafer Ingredients:** Bleached wheat flour, sugar, vegetable shortening (partially hydrogenated oils, soybean, cottonseed), caramel color, cocoa, corn syrup, salt, baking soda, soy lecithin.

**Ice cream :** Milk, cream, sugar, corn sweetener, non-fat milk, whey, less than 3/10 of 1% stabilizer and emulsifier (guar and carob bean gums, mono-diglycerides, polysorbate 80, and carrageenan) vanilla.

**Strawberry Éclair Bar:**

**(Ice Cream)** Milk, cream, nonfat milk, sugar, corn sweetener, whey, less than 3/10 of 1% stabilizer and emulsifier (guar and carob bean gums, mono-diglycerides, polysorbate 80, and carrageenan), citric acid.

**(Coating)** Soybean oil, sugar, coconut oil, nonfat milk powder, lecithin, artificial color/flavor.

**(Cookie Crunch)** Enriched wheat flour (contains niacin, reduced iron, thiamine mononitrate and riboflavin), sugar, vegetable shortening (contains one or more of the following partially hydrogenated oils: soybean, cottonseed), salt, leavening (sodium bicarbonate), artificial flavor, artificial color (FD & C red #3) soy lecithin.

**Push Up Pop- Rainbow:** Lemon-Lime: Nonfat milk, sugar, maltodextrin, corn syrup, high fructose corn syrup, milkfat, lemon puree, lime puree, mono & diglycerides, guar gum, locust bean gum, polysorbate 80, natural & artificial flavor, citric acid, malic acid, Yellow 5 and Blue 1. Raspberry: Nonfat milk, sugar, maltodextrin, corn syrup, high fructose corn syrup, milkfat, raspberry puree, raspberry juice concentrate, mono & diglycerides, guar gum, locust bean gum, polysorbate 80, natural & artificial flavors, citric acid, malic acid and Red 40. Orange: nonfat milk, sugar, maltodextrin, corn syrup, high fructose corn syrup, orange puree, orange juice (from concentrate), milkfat, mono & diglycerides, guar gum, locust bean gum, polysorbate 80, natural flavor, citric acid, malic acid & Yellow 6.

**Mint Chocolate Chip Sandwich:** (Wafer) Bleached wheat flour, sugar, vegetable shortening (partially hydrogenated oil: soybean, cottonseed), caramel color, cocoa, corn syrup, salt, baking soda, soy lecithin.

**(Ice Cream)** Milk, cream, sugar, corn sweetener, nonfat milk, whey, less than 3/10 of 1% stabilizer and emulsifier (guar and carob bean gums, mono-diglycerides, polysorbate 80, carrageenan), vanillin, artificial flavor. **(Chocolate Chips)** Sugar, chocolate liquor, added cocoa butter, dextrose, soya lecithin.

**Georgio's Water Ice Cup: Cherry:** Water, sugar, corn syrup, cherry juice concentrate, citric acid, natural flavor, guar and xanthan gums, FD & C red #40 and FD & C blue #1 **Lemon:** Water, sugar, corn syrup, citric acid, lemon juice concentrate, natural flavor, guar and xanthan gums. **Mango:** Water, sugar, mango puree, corn syrup, natural flavors, citric acid, malic acid, guar and xanthan gums, FD & C yellow 3<sup>^</sup> and FD & C yellow #5